

# HER FITNESS CLUB

**FOR IMMEDIATE RELEASE**

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## **Her Fitness Club Opens in Dallas: Exclusive Gym Made for Women, By Women**

*Her Fitness Club invites Dallas women to join their grand opening event in June!*

DALLAS, May 12, 2025—A brand new fitness club is coming to Dallas. Her Fitness Club is proud to announce their grand opening of its premium women-only club, offering Pilates, yoga, cycling, strength training and more.

The fitness club will celebrate its launch with a grand opening event taking place on June 6, 2025. The celebratory event will include complimentary workout classes, an Alo Yoga pop-up, membership giveaways and refreshments. Attendees can enjoy exclusive membership promotions, tour the space, and connect with future members and staff.

Unlike the traditional gym, Her Fitness Club offers the luxury of being exclusively for women. Women will have the opportunity to feel comfortable and be able to focus on themselves with a membership starting at \$150 per month. The space is a safe, comfortable environment with aesthetic interiors. The club also features a female-only staff and highly trained fitness professionals.

“I was inspired to create Her Fitness Club to provide women with a safe environment where they can focus on their health and fitness goals,” said founder Andrea Aguilar. “The club allows women to feel supported and build a strong community.”

Memberships are now available with special discounts for first-time members.

Her Fitness Club will be open seven days a week. For more information and membership details, visit [herfitnessclub.com](https://herfitnessclub.com) or follow @herfitnessclub on Instagram.

### **About Her Fitness Club**

Her Fitness Club is a luxury, women-only fitness club offering Pilates, yoga, cycling, strength training, and more. We provide women with a supportive, safe, and comfortable environment. Based in Dallas, Texas, the studio empowers women to prioritize wellness through movement, mindfulness, and a meaningful community. Learn more at [herfitnessclub.com](https://herfitnessclub.com) and follow us on Instagram and TikTok @herfitnessclub

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