

ABOUT US

Overview

Ryde offers a convenient and effective way to support your well-being with a compact, liquid shot designed to help you feel your best anytime, anywhere. This wellness product is crafted to enhance your daily experience with simplicity and ease, ensuring you have the boost you need whenever you need it most.

About Us

Ryde is a wellbeing brand that launched its 2-ounce dietary supplement shots in 2023 in Australia and Canada. In 2024, Ryde expanded into the U.S. market, establishing its U.S. headquarters in Dallas, Texas. Each shot is formulated with scientifically backed ingredients and contains zero sugar, aiming to provide effective support without adding stress to consumers' routines.

Mission

To help people unlock the best version of themselves everyday

HIGHLIGHTS:

Created By Experts

Ryde was created by a team of experts in molecular biology, neuroscience, and behavioral psychology

Scientifically backed Ingredients

The key ingredients in our Ryplenish™ formulations are supported by scientific research, including randomized controlled trials, which are widely regarded as the 'gold standard' of evidence.

OUR PRODUCTS:



Energize: Ryde Energize is an invigorating 2 oz shot with a refreshing tropical flavor designed to help you power up when you need a quick boost to get in the zone. Made with Ryplenish, it combines caffeine, taurine, ginseng extract, and vitamins B1 and B2 to give you the energy you need, exactly when you need it.

Focus: Ryde Focus is a 2 oz shot with a natural orange flavor that clears mental fog and sharpens your mind, perfect for those lightbulb moments. Made with Ryplenish, it combines L-Theanine, caffeine, ginseng extract, and vitamins B2 and B7 to help you stay focused when it matters most.

Relax: Ryde Relax is a calming 2 oz shot with a natural raspberry flavor, designed to help you unwind, just like slipping into your favorite comfy socks. Made with Ryplenish, it features a blend of lemon balm, L-Theanine, chamomile, and ginseng extract—all carefully chosen to help you relax and find balance.









Gluten-Free

Vegan

Zero Sugar

Zero Calories

WHERE TO BUY:





*Available at select stores